

E³ TRAINING: 2021

ACTIVITY BOOK





ACTIVITY BOOK E3: If it's going to be, it's up to me!



Activity 1 - The world and teaching today

The introduction has highlighted the following in my personal life:
In my professional life:

Activity 2 - Who am I? Where am I going?

2.1 Look through the following statements and reflect on your personal make-up by rating each statement on a scale from 1-4 where **1** = **not** at all and **4**= **very much so**.

RATING	FIXED / GROWTH MINDSET	RATING	FIXED / GROWTH MINDSET
	If you succeed, I feel threatened		I don't like to be challenged
	Tell me I try hard		My effort and attitude determine everything
	When I fail, I'm no good		Tell me I'm smart
	I want to challenge myself		If you succeed, I'm inspired
	When I'm frustrated, I persevere		My abilities determine everything
	I'm either good at it, or I'm not		I can learn anything I want to
	When I fail, I learn		When I'm frustrated, I give up

2.2 Underline the conclusion you have reached.I show more qualities of a growth / fixed mindset

2.3	Reflect on what you need to change to be better equipped for the 21st century:			
2.4		ve your workbook to a friend and ask if they agrees NO Comment:	ee with yo	our self-assessment.
Acti	ivit	y 3 – Circle of influence and Circle	of Cor	ntrol
3.1		udy the following typical frustrations in a teach	er's day a	and circle what you can control and underline
		Children arrive at school hungry	2	Learners are undisciplined
3		You lack the confidence to go to the principal to complain about a senior teacher who is giving you a hard time	4	ESKOM is load-shedding and you cannot plan your day because the schedules are not always accurate
5		You are dissatisfied with the increase in the price of petrol	6	Some teachers do nothing - and you are overworked
7		You do not understand the work you have to teach	8	You are often late for school and are always in trouble
3.2	Ex	plain how the above activities will make you hap	ppierand	more productive at work.
3.3	ln t	the block below insert one or two personal mar	ntras in th	e next phase of your life.
		MY PERSONAL MAN	ITRA FOR S	SUCCESS:
1				

Activity 4: Personal and professional brick wall

Study the brick wa	all and in your owr	n brick wall below	insert obstacles th	at you experience	personally in your

Activity 5: The happiness trilogy

Play	the "Spilling the Beans" game. In groups answer the following questions/share the personal reflections:
5.1	How important is making your mark on the world? (2 people share views. Jot down main ideas)
5.2	Do you really think that a "worthwhile" life is so important in our pursuit of happiness? (Another 2 people share views. Jot down main ideas)
5.3	Personal reflection:
	Underline your choice in each sentence:
	I am / I am not yet a valued member of the teaching community because
	I value / do not value the teaching community because
	The teaching community is valued / is not valued because
	I am happy / unhappy as a teacher and personally because

Activity 6: Teachers yesterday and tomorrow

6.1 In groups, complete this table:

Teaching success factors:

The past	The future
1	
2	
3	
4	
5	
6	

In order to succeed as an educator, I have to practise what I preach. This means I must model the following competencies (in order of importance), and this is how I can do that.





Activity 7: The DBE plan - a graphic harvest

- 7.1 In groups, decide on who will do the artwork and capture notes for a graphic (mind-map or harvest) to sum up the DBE plan using these headings / key ideas:
- Why E³?
- What will E³ do?
- How will this happen?
- What is the ideal outcome?

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tively contributing t arning in schools, ar	o achieving the E ³ nd how will you kn	goal of reducing ow you have ac	g youth unemp hieved that?	loyment through	enabling active
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Activity 8: The effectiveness of E³

In your groups, discuss three difficult situations in which learners were involved (at school, district or provincible vel). How do you think the E^3 approach could help mitigate these challenges in the future?

Activity 9: Brainstorm ideas for the launch

9.1	Brainstorm ideas around launching PBL in Term 3 in your school, district and province.
Scho	ol
Distr	ict
Prov	ince

Activity 10: How can PBL start addressing the issues of 4IR and youth unemployment?

10.1 How do you think PBL can start addressing the issues of 4IR and youth unemployment?

Activity 11: Reflection

11.1 Reflect on Michelle's presentation and capture the details of her project in the table below.

	STAGE	COMMENT
1	Challenging problems or questions	
2	Sustained inquiry	
3	Authenticity	
4	Student voice and choice	
5	Reflection	
6	Critique and revision	
7	Public product	

Activity 12: Spinning a yarn

12.1 Using strings, recount stories from your past sharing how...

	language disempowered a learner you knew.
	language proficiency has empowered learners you know/knew.
12.2	Doodle as your group mates speak:
Doo	dles:

In your context, what challenges do you envisage in implementing PBL and how would you overcome these challenges?		





Activity 13: Generational Gaps

13.1 Study the graphic below and in groups decide where each member of your team fits, by writing their names in the correct category.

Characteristics	Maturists (pre-1945)	Baby Boomers (1945-1960)	Generation X (1961-1980)	Generation Y (1981-1995)	Generation Z (Born after 1995)
Formative experiences	Second World War Rationing Fixed-gender roles Rock'n'Roll Nuclear families Defined gender roles - particularly for women	Cold War Post-War boom "Swinging Sixtles" Apollo Moon landings Youth culture Woodstock Family-orientated Rise of the teenager	End of Cold War Fall of Berlin Wall Reagan / Gorbachev Thatcherism Live Aid Introduction of first PC Early mobile technology Latch-key kids: rising levels of divorce	9/11 terrorist attacks PlayStation Social media Invasion of Iraq Reality TV Google Earth Glastonbury	Economic downturn Global warming Global focus Mobile devices Energy crisis Arab Spring Produce own media Cloud computing Wiki-leaks
Percentage in U.K. workforce*	3%	33%	35%	29%	Currently employed in either part-time jobs or new apprenticeships
Aspiration	Home ownership	Job security	Work-life balance	Freedom and flexibility	Security and stability
Attitude toward technology	Largely disengaged	Early information technology (IT) adaptors	Digital Immigrants	Digital Natives	"Technoholics" - entirely dependent on IT: limited grasp of alternatives
Attitude toward career	Jobs are for life	Oranisational - careers are de- fined by employers	Early "portfolio" careers - loyal to profession, not necessarily to employer	Digital entrepreneurs - work "with" organisations not "for"	Career multitaskers - will move seamlessly between organisa- tions and "pop-up" businesses
Signature product	Automobile	Television	Personal Computer	Tablet/Smart Phone	Google glass, graphene, nano-computing, 3-D printing, driverless cars
Communication media	Formal letter	Telephone	E-mail and text message	Text or social media	Hand-held (or integrated into clothing) communication devices
Communication	Face-to-face	Face-to-face ideally, but telepho- ne or e-mail if required	Text messaging or e-mail	Online and mobile (text messaging)	Facetime
Preference when making financial decisions	Face-to-face meetings	Face-to-face ideally, but increasingly will go online	Online - would prefer face-to-face if time permitting	Face-to-face	Solutions will be digitally crowd-sourced

^{*}Percentages are approximate at the time of publication.



13.2	Why is this information important for you and any teacher?

Activity 14: How are you doing?

PBL Facilitator	How I need to adapt / or not?
Design and plan A learner problem arises and a lesson is created around it. She knows her curriculum and this will help her to link the problem to relevant CAPS information/knowledge transfer.	
Align to standards Knows the CAPS and links her lesson to outcomes and expectations from the CAPS.	
Build the culture Understands that school culture plays a huge role in modeling appropriate and meaningful relationships.	
Manage activities The project is designed around practical real-life solutions. There is very little transmission teaching. Learners are given a task with clear instructions and the teacher observes learners and helps them when needed. She is a class and activity manager.	
Scaffold student learning She understands that all learners are different and in a variety of ways. She sees her role as that of supporter as each individual learner is helped to climb to the next level because of her one-on-one coaching.	
Assess student learning In her classroom, there are 3 types of assessment and each is treated differently and has a different purpose: Baseline – where should we start? Formative – How are we doing, every little step of the way? Summative – How did we do when tested on a chunk of work?	
Engage and coach Her role is to pay attention to the needs of every learner and to offer them support, not via formal teaching, but by one-on-one coaching especially as they work in groups.	

to shed in order to become an effective PBL teacher and how will you go about that?



Activity 15: Professional Learning Communities (PLCs)

15.1 In pairs, explain why each of the 10 characteristics is crucial for a successful PLC.

1	Mutual trust and respect	
2	Support challenge and constructive critique	
3	Shared vision and focus on learning for all learners	
4	Collaborative and reflective enquiry	
5	Inclusive membership	
6	Leadership	
Ü	Leadership	
7	Collective responsibility for	
	student learning	
8	Coherent, responsive change in practice	
	change in practice	
9	Regularity	
-10	Continuation	
10	Systematic, rigorous	
	enquiry into practice	

In pair	s, discuss how you can commit to change by:
16.1	Saying what action you will take immediately:
16.2	Finding an inspiring quotation to embody your view of PBL as nation building:
16.3	Your personal mantra to drive your own life (personal and professional):

What do you expect from a coach who is taking you through PBL training? Please note where you think you w	vill	
need help and what type of support you expect to receive.		
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Complete the the following sentences:

17.1	Sitting in rows all the time and keeping to a fixed curriculum is good because
	a bad idea because
17.2	Piaget said that knowledge is a consequence of experience. Do you agree? Explain your answer. 4 lines

In pairs discuss and the complete the worksheet:			
18.1	Why is it better for learners to be intrinsically motivated?		
18.2	Are you and your friend always intrinsically motivated. Explain		
18.3	Would you agree that really good teachers are intrinsically motivated? Explain where the power of intrinsic motivation in a teacher lies.		

Study the drawing and redraw it using more appealing graphics. Then rate the three qualities of self- determination where 1=most important.				
Finally Write a sentence about yourself using each of the three words				

1.1	Are you a happy teacher, Create a diagram explaining what makes you happy and what makes you unhappy.
1.2	What is your message for someone entering the profession?
1.3	What will you do to become a happier teacher?